

Rejoice in the Lord,
O YOU RIGHTEOUS!
FOR *praise* FROM
THE UPRIGHT IS BEAUTIFUL.

PSALM 33:1

Kirkspire

The Monthly Magazine of St. Andrew's Church (The Kirk), Chennai

March 2024

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Editorial Board :

**Usha George
Chitra Bennett**

Word from the Pastor

Reason to Rejoice

Now to Him who is able to keep you from stumbling, And to present you faultless before the presence of His glory with exceeding joy..(Jude v.24)

All of us would recall our childhood days when one of our proudest moments would have been to bring a tray of eggs (more so in a small plastic bag) without breaking one of them. Add the scenario of bringing them in a bicycle crossing 2 or 3 streets, phew..what pressure and then what relief, to know that we have *achieved*. From such simple reasons to rejoice seeing our worst nightmare turn into a glorious experience, there are many reasons to rejoice in life. I don't want to debate between the difference between joy and happiness or about what is lasting joy versus temporal pleasures. In this I present the case of the 'Reason to Rejoice' not in the receiving of something in life but being who we are in Christ and the confidence He alone can give at all times, in all circumstances.

1. Rejoice in His Ability – Jude concludes His brief yet profound letter with this great benediction pointing us to His ability that can surpass anything or anyone we may face in life. Imagine a child waiting for his or her parent to pick them up from school after a long day. The child would be longing to see the father or mother and if it happens to rain, the eagerness will become all the more stronger. If someone would ask, are you sure? The child will strongly say, 'My Dad will come'. He is able to overcome all odds to come for his child because *he is able*. My God, my Father in Heaven *is able*. The bible is full of examples of how His ability helped conquer every possible odds and in Jesus Christ, He conquered death. ***My God is able.***

2. Rejoice in His Assurance – God's priorities very often are diagonally opposite to ours. His priority is to teach us about falling into sin and always gives us a helping hand to keep us from falling. There's a beautiful true story from a Missionary wherein a mother was working near a well and her little boy was throwing stones into the well. The mother kept warning her son not to. After a few minutes, the mother called for the son but there was no response. He had gone behind a tree nearby to play but the mother, when she saw the water ripples in the well, thought that her precious son fell in it. Without thinking twice, she jumped into the well to rescue her son. A hand reached out to her from open sky to keep her from drowning. Our God *assures* us that He will keep us from falling. ***Our God assures.***

3. Rejoice in His Achievement – Hebrews 10:12 says 'But this Man, after He had offered one sacrifice for sins forever, sat down at the right hand of God..' The greatest achievement of mankind would range between acquiring kingdoms, reaching physical feats or amassing great wealth. Jesus, on the other hand, *achieved what no one else has or could*. He conquered sin and death. He who knew no sin became sin for us, He shed all of His blood for all mankind and He was raised from death by God the Father so that *death can be conquered*. 1 Corinthians 15:26 says 'The last enemy that will be destroyed is death'. The highest fear for the first Adam (and all his descendants) is death and the greatest achievement by the Second Adam is 'Conquering Death'.

Anytime you feel low, disappointed, discouraged or **disillusioned**, *Remember our Redeemer*. No wonder, Apostle Paul wrote from a prison saying 'Rejoice in the Lord always, again I say, Rejoice'. He is able to be with you, lead you all through life, all the way until we are presented before our Heavenly Father, spotless and perfect.

Have a blessed month

Rev. Isaac Emmanuel Johnson



John's Corner

GOOD FRIDAY

(Read John 3:16; Isaiah 53:4-6; Romans 5:8)

Good Friday, what's good about it?
Why do we call it Good Friday?
When Christ was tortured, mocked and scorned
And crucified that gloomy day

In pensive mood I read God's word
And then I came to understand
It was for us Christ died that day
To save us from sin's sinking sand

Sure Good Friday would nothing mean
If in our sins we continue
May we repent and turn to Him
Who died and lives for me and you

John H. Balasingh

Springtime for the soul...

"Springtime for the soul" that's how a Church leader defined Lent and he went on to say, as the roots of the plant go deeper and deeper in the spring season, to bring forth fresh leaves and buds, the soul is nourished and flourishes during lent. Lent is mostly associated with fasting and prayer. A time spent more on the Word of God, repentance, seeking forgiveness and getting closer to God. Fasting too takes different forms as forsaking food, pleasures, curbing self-indulgence and cravings by way of penance, discipline or merely as a habitual ritualistic observance. At the end of Lent, some feel refreshed with peace and joy and for some, there is no tangible change, just a show of spirituality.

Let us look at Lent in another angle. Isaiah 58:2-11 (please read it) powerfully brings our focus on something that we often miss. God clearly asks two specific questions:

" Is this what you call a fast?"

" Is not this the kind of fasting I have chosen?"

It is true we need to focus on self-purification and enhance our relationship with God. But the Word of God also exhorts us to examine our relationship with others, review the commandment "Love your neighbour as yourself".

Let us ask ourselves a few simple but probing questions:

When was the last time I fed a hungry man?

(If your enemy is hungry, give him food to eat. Proverbs 25:21)

When was the last time I visited a sick person?

(I was sick and you looked after me. Matthew 25:30)

When was the last time I sat with a grieving friend/ neighbour?

(Mourn with those who mourn. Romans 12:15)

When was the last time I spent time with my parent/ grown-up child?

(Honour your father and mother as the Lord your God commanded you. Deuteronomy 5:16; Do not provoke your children to anger by the way you treat them. Ephesians 6:4)

When was the last time I hugged my brother/ sister who said sorry for the fifth time?

(forgive....not seven but seventy-seven times Matthew 18:21)

Of late, did I hesitate/ delay in helping someone in need when I had the resources?

(Do not say to your neighbour "Come back later, I will give it tomorrow" when you now have it with you. Proverbs 3:28)

Of late, have I apologised to someone for my harsh uncomplimentary words?

(Reckless words pierce like a sword but the tongue of the wise brings healing. Proverbs 12:18)

Of late, have I been too rash and hasty in judging someone?

(..first take the plank out of your own eyes.....Matthew 7:5)

How often have I ever said " please", "sorry", " thank you" to my family/ colleagues/ strangers?

(Be completely humble and gentle. Ephesians4:2)

Have I ever shown kindness to my housemaid/ security/ driver/ stranger?

(The King will say,"whatever you did for one of these brothers of mine you did it for me." Matthew 25:40)

Such acts may seem insignificant and inconsequential making us feel uneasy but nevertheless convicting and reminding us we have not been doers of the Word. With our hurried lifestyle and waking hours crammed with demands we tend to resort to convenient substitutes like praying for them, sending messages etc. Indeed a sincere prayer is the best we can do for a needy person. But God at times wants to use us as His instruments of comfort and help to those whom we pray for. A brief visit, a gentle touch, a warm hug, a few kind words spoken, timely help, make a lot of difference to them who long for such things. A small sacrifice, a little more effort - an extra mile is worth the cost!

Loving others is a reflection of our love for God. If the love of Christ is in us, and our love for God is genuine we shall become as loving as Jesus. Obedience to the first commandment to love our God with all our heart, soul and mind will enable us to love others easily. Both the commandments are ongoing processes and not to be confined to seasons like Christmas and Lent. However, let us take this Lent as a respite from our hectic race, to slow down, to renew our love for Christ and for others. Let our souls be nourished to bring forth more fruit.

Suguna Joseph

Consistency

Create in me a clean heart, O God, and renew a steadfast spirit within me. Psalm, 51:10,

Consistent: marked by harmony, regularity, or steady continuity : free from variation or contradiction.

Consistency confers reliability. A sense of stability.
A watchword for recruiters it is this transforming trait that catalyzes distant vision to reality.

It's the ability to plod on when things are difficult, when the task at hand is not particularly enjoyable, when the fire of passion has waned and the talons of doubt have left fatal wounds on your purpose, dreams and calling.

There is something wondrous about consistency.
It is like a palatial Indian maternal grandmother's house which one visits every summer.
With ripened mangoes in a rural garden,
high ceilings with wooden rafters,
cold stone floors & a kitchen that's the most happening place at home-
It's comforting, inviting, unchanging (sans the occasional renovation).
Always there after a trying school year.

And it is this the world longs for:
consistency in behavior,
a coherence in what one claims to believe in
and the lifestyle portrayed,
authenticity and loyalty.

Father, consistency is contrary to my normal response.
Incompletion characterizes my endeavors
as excuses are deemed sufficient reason to quit.

The same is true in my relationship with You.
Unlike a linear, steady graph
it often resembles an ECG pattern
that requires immediate CPR*.
Easily influenced by everyday frustrations & volatile feelings
my wandering heart fails to cling to You.
Forgive me.

Despite all the above
Your steadfast love remains.
It's surprising, humbling and amazing.
May Your example and love
motivate a continuing consistency
in relationships, life and the small daily goals I set.

Please take this ember of desire and weak will
and transform it into a roaring blaze
till the chaff in my life
(procrastination, lack of focus, disordered priorities etc.)
is completely consumed.

So create in me a clean heart
and a steadfast spirit.
For there seems to be
no other way, Jesus.

Dr. Susan Rajkumari

**ECG patterns in cardiac arrest often appear haywire and result in death unless urgent medical management is sought.*

"His love has no limit, His
grace has no measure,
His power has no boundary
known unto men;
For out of His infinite riches
in Jesus
He giveth and giveth and
giveth again."

Annie Johnson Flint



The Good Samaritan

14th May 2023. London's Heathrow airport's Terminal No. 2 was like a teeming marketplace. Transiting through it on our way to New York to spend time with our children and grandchildren, Hema and I were unsettled by the crowd. It had never been like this during our previous transits. Seeking to relax a bit and with two hours to our connecting flight, we grabbed a couple of tuna sandwiches and two coffees before getting to the long payment counter. The bill had come to 12 pounds plus. They had always accepted dollars and euros. This time, however, they politely refused to accept both! Taken aback a bit, we were wondering what to do when, pointing to a young man carrying a backpack, the girl next to our cashier said, "Don't worry sir, your bill has been paid already by this gentleman!". I immediately took out my dollars and euros offering to reimburse him. He refused to accept them. Instead, he gave me a friendly smile, placed his hand on my shoulder saying, "Enjoy your journey, sir," turned around and disappeared into the crowd.

It all happened so quickly that it took some time for the reality of the whole incident to sink in. In all my 80+ years I had never been subjected to such an act of kindness from an utter stranger. Twelve pounds plus was no small amount and with all that foreign currency with me it was obvious I was not a poor person seeking charity. It touched me deeply that in spite of all that, this stranger – he did look like an Indian in his thirties – chose to help me. While having our coffee I caught a glimpse of him passing along the balcony on the upper floor. He waved to us with a smile before we lost sight of him. I do often think of that incident and ask "why" would this happen to me? My only explanation would be that God Almighty put a good Samaritan at that particular moment, at that particular place, so that my faith in the goodness of humanity would be reinforced. Thank you Lord.

Ranjit Silas

KIRK WOMEN'S FELLOWSHIP



The Kirk Women's Fellowship group of our church is a group of like minded women coming together for different needs in our community. We come together to pray every Friday for different needs in our community and the world around us and get together for a time of fellowship every 3rd Sunday. We also take part enthusiastically in the 2 major sales of our church in July and December. We get together to meet with different organizations like old age homes, children homes, meeting the women of our outreach churches, organizing workshops for women and girls on health issues etc.

It was a pleasure to celebrate the fellowship in the month of February 2024. The month started of with us having a small sale of food items for which many of our members brought items prepared by them. The KWF Sunday was on the 12th of Feb where all the services were conducted and led by the women of KWF during which some of us got together to give a special song for the 9 am service. The report for the year was shown through a video of what was done during the whole year. We were richly blessed by the messages for all the 3 services based on the theme of the year. The 7 am and 9 am message was given by Mrs Meghala Rampert on "Renewing the Mind" she spoke about the importance of surrendering our all to Jesus only then can renewal happen and Mrs Roselin Johnson shared God's word in the 6 pm service on "Wholesale Renewal" where she spoke about the importance of Renewal in every area of our lives - in our relationship with God, with others and within ourselves.

I am blessed to be a part of the KWF and I was fortunate to join them in the visit to the old age home "Amazing Love" where we interacted with the elders there and it was a blessing to talk to them about God's love towards us and I invite more women of our church to come and be a part of the fellowship and give back to the community for all the blessings that we receive.

Sarah Vidhya



Mrs. Meghala Rampert preached in 9 am service - KWF Sunday



Mrs. Roselin Johnson preached in the 6 pm service

Children's Corner

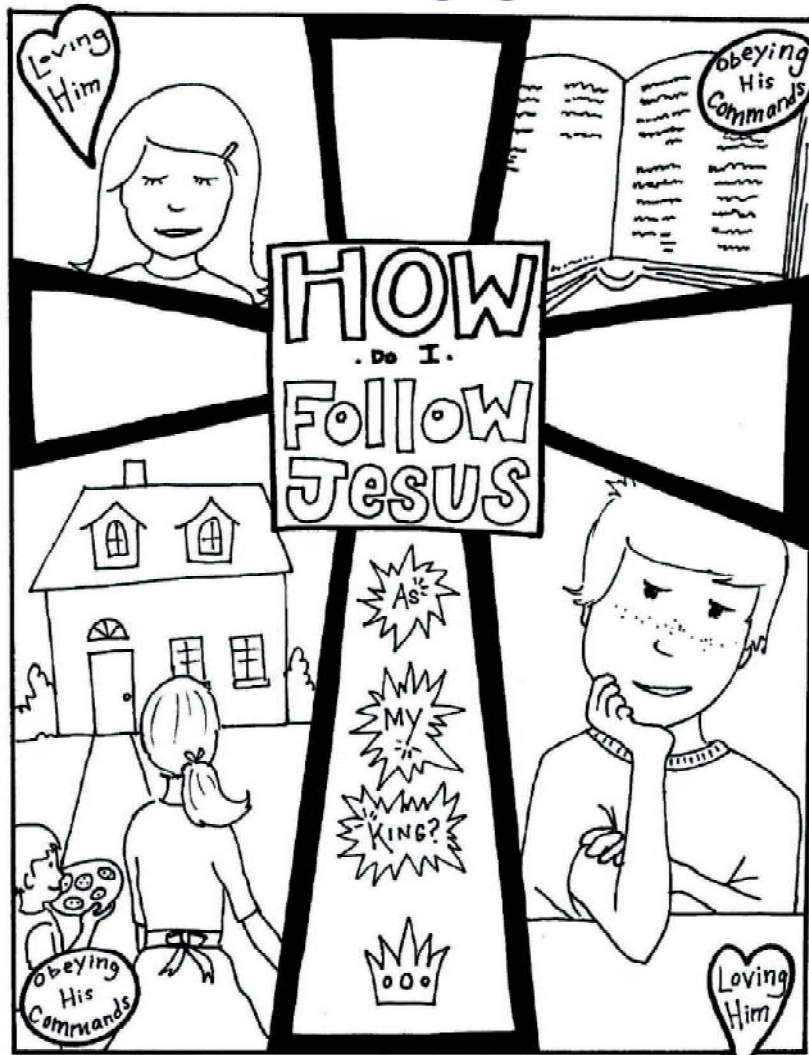
"But Jesus called them to *Him* and said, "Let the little children come to Me, and do not forbid them; for of such is the kingdom of God. Assuredly, I say to you, whoever does not receive the kingdom of God as a little child will by no means enter it." Luke 18:16-17

VISUAL PUZZLE

1 PASS LAMB	2 PRIEST	3 BABEL BABEL BABEL BABEL BABEL
4 COAT	5 → BORN BORN BORN BORN	6 SUN NOTHING NEW
	7 SUPPER SUPPER SUPPER SUPPER ←	

Guna Justin
Kirk Sunday School Teacher

Colouring Page



Source: Ministry-To-Children.com

Dolly Shanthakumar



A Farmer's Quiz

Please give a Bible reference, where applicable.

1. In which year did the law of Moses say that the fields should not be planted ?
2. Complete this farmer's parable : '*Behold, a sower ...*' .
3. Which of these grains is **not** mentioned in the Bible :
Barley – corn / Wheat – rye / Spelt / Oats / Millet / Fitches ?
4. What wicked use did Samson make of 300 foxes ?
5. Who went out into the field to gather **mandrakes** (an aphrodisiac) for his mother ?
6. Who brought **Ornan's** threshing floor ? For what purpose ?
7. Fill in the blanks : '*The _____ truly is plenteous, but the _____ are few*'.
8. The ripened grain was:
 - a. '*Reaped by the s _____*'
 - b. '*Bound in s _____*'
 - c. '*Carted to the t _____ f _____*'
 - d. '*Trampled by _____*'
9. What name was given to the process by which the grain was cleaned of chaff ?
10. The grain was finally cleaned of dirt and refuse by 'shaking in a _____'.

Taken from *A Bible Quiz Book* by May C. Smith

Kindly send your answers to the church office or email admin@thekirk.in by 24th March 2024.

Usha George

**Answers to Bible Quiz No. 145 –
February 2024**

A Dressmaker's Quiz

1. No.
2. Elijah – 2 Kings 1:8 and John the Baptist – Matthew 3:4
3. Delilah. Judges 16:14
4. The Vail. Exodus 26: 31,21
5. Ecclesiastes. Ecclesiastes 3:7
6. Sisera's mother. Judges 5:30
7. Measuring line. Zechariah 2:1
8. Isaiah. Isaiah 3:24
9. 'let him have thy cloak also'. Matthew 5:40
10. Linen and Wool. Leviticus 19:19, Deuteronomy 22:11

The winners are:

1. Mrs. Sabrina Siga
2. Mrs. Victoria Basker
3. Mrs. Minnie Devadoss
4. Mrs. Indra Rajanayakam
5. Dr. Lydia Jakin
6. Ms. Praiseye K.
7. Mrs. Gladys Vedavimali
8. Mrs. Peace Rani Sudhakar
9. Mrs. Suguna Joseph
10. Mrs. Leela Coilpillai
11. Mrs. Patricia Patrick
12. Dr. Mrs. Sujata Elizabeth Prasad
13. Mr. Jonathan Bhavyan G.

Hearty Congratulations!

PILGRIMAGE TO THE CROSS

I shall perform a pious pilgrimage
to the place where stands a bleeding Cross
where Pontius Pilate once presided over
an act of greatest sacrilege,
Priding himself of possessing fluency
over wizardry of expediency,
he pontificated a justice most crass!

I shall once climb mount Calvary
to inspect the ground-zero of Devilry;
Where I shall bend my filthy forehead
to the very soil where Jesus once bled
For the sinners from Judah, Samaria
and the ends of the world—
Hoisted the Flag of Spirit and unfurled!

I shall cry at Golgotha and shed some tears
for loads of my sins and my fears
(An act of repentance is worth many a pilgrimage);
Like the robber hanging at the right hand
I'll pray my prayer as my last privilege—
"Oh, My Lord Jesus, would You remember me
On the Day of Judgement, before you when I stand?"

B V Selvaraj

What then shall we say to these things? If God is for us,
who can be against us? He who did not spare His own Son,
but delivered Him up for us all, how shall He not with Him
also freely give us all things? Who shall bring a charge
against God's elect? It is God who justifies.

- Romans 8: 31 – 33

In Jeopardy Without Jesus

"For in Him we live, and move, and have our being." Acts 17:28

Jesus asks His followers an important question, "Who do people say the Son of Man is?" Down the ages this question has been answered in many ways. It could be, 'A great teacher', 'A prophet', or, as Albert Einstein once admitted he was "enthralled by the luminous figure of the Nazarene".

Jesus repeats His question when He says, "But who do *you* say that I am?". Simon Peter replies, "Thou art the Christ, the Son of the living God".

The claims Jesus makes are solid and blunt: "My meat is to do the will of My Father that sent Me, and to finish His work" (John 4:34); "I am the Light of the world" (John 8:12); "I am come that they may have life..." (John 10:10).

There is a solid realism in The Word – from the cry in the manger to the groans of a dying Man on the Cross to the resounding victory of our Lord's resurrection!

Man of Sorrow! What a Name.
For the Son of God who came
Ruined sinners to reclaim:
Hallelujah! What a Saviour.- Philip Bliss

Christianity alone is a Faith that can save the most wretched sinner. The profound parable of The Prodigal Son is a magnetic portrayal of a loving God's persistence in seeking out the lost and to rejoice in the return. "It was meet that we should make merry, and be glad: for this thy brother was dead, and is alive again; and was lost, and is found" (Luke 15:32).

Where else can we find a Saviour who stands at the door of a hardened heart and knocks, waiting for an entry?" The Son of Man is come to seek and to save that which was lost" (Luke 19:10).

Let us reflect on the tempest that shook the boat of the disciples on a seemingly tranquil Lake of Galilee as recorded in the Gospels of Matthew and Mark.

The times were disturbing. John the Baptist was brutally murdered. The terrified disciples ran to their Master to convey their loss. There

was no time to grieve. The crowds pressed around Him longing to hear our Lord and this ended in the miraculous feeding of the five thousand. This demanded more hard work for the already stressed disciples. We can now understand that our Lord's disciples were being trained for hard work, stress and challenges, which they would face working for their Master.

The disciples take a boat to sail across the Lake of Galilee and reach Bethsaida (Mark 6: 45-51). Our Lord drew away for a time of private prayer. All of a sudden the boat was rocked by violent winds that blew through the gullies between the hills and around the sunken lake of Galilee. The lake was a boiling cauldron. The boat was drifting to nowhere, shaken and tossed. The situation was made worse by the night deepening. At about the fourth watch (3am – 6am) of the night, these terrified men see a figure walking on the waters. They scream in terror when the voice of our Lord comes strong and clear above the storm, "Be of good cheer; be not afraid". With the Master on board with them, their fears subsided along with the storm.

Our boat is small and the sea of life is huge, baffling, overwhelming and tumultuous. We drift away from our Security Guard – Jesus. Our faith gets rusty, our values shaky, and dark clouds fill our minds. Yes, our hearts are blackened with sin until our Redeemer Jesus comes and forgives us. Our lives are tossed, our path hidden, and we are in jeopardy until the presence of Jesus brightens our way. Sorrow overwhelms us until our Comforter Jesus lifts us up with hope and comfort.

Our boat is small and inadequate, but the saving Presence of our Heavenly Captain will take us safely onto the Beautiful Shore. Yes, Jesus saves!

When at last I near the shore,
And the fearful breakers roar
'Twixt me and the peaceful rest—
Then, while leaning on Thy breast,
May I hear Thee say to me,
"Fear not— I will pilot thee!" – Rev. Edward Hopper

Or in the words of a contemporary lyricist Terrian, "... Honestly, I think we just need Jesus"!

Usha George

Medical Corner

GLANDS IN THE BODY – VI THE PITUITARY GLAND – I



“Doctors treat, but Jesus heals”

THE GIANTS

The Bible talks about giants. “There were giants on the earth in those days, and also afterward, when the sons of God came in to the daughters of men and they bore children to them. Those were the mighty men who were of old, men of renown” (Genesis 6 : 4 NKJV).

The spies whom Moses sent to spy the land of Canaan said, “There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight” (Numbers 13 : 33 NKJV).

Goliath whom David fought was over 9 feet tall. “A champion named Goliath, who was from Gath, came out of the Philistine camp. He was over nine feet tall” (1 Samuel 17 : 4 NIV).

The pituitary gland which is considered as the “master endocrine gland” is situated in the pituitary fossa in the brain. Pituitary gland secretes growth hormone, which regulates the growth of the individual. Any tumour of this gland can cause headache or visual disturbances.

Excess of growth hormone can lead to giants of 7-9 feet tall (Acromegaly). Thickening of skin, increased sweating, headache, enlargement of lips, nose, tongue, increased heel pad thickness, large hands (difficult to remove rings!), large feet, overgrowth of lower jaw, prominent eyebrows, osteoarthritis, bending forward of the backbone are some of the soft tissue and bone changes due to excessive growth hormone.

Diabetes and high blood pressure can also occur in persons with increased growth hormone. Since this condition is usually associated with a tumour of the pituitary gland, the management is surgical removal of the tumour. If acromegaly persists in spite of surgery, radiotherapy and medical treatment are considered.

Dr. (Mrs.) Rajini Kantha Narendranath

Kirk News

*Bright eyes gladden the heart;
Good news puts fat on the bones.
Proverbs 15:30*



Power to Overcome

Lent is a period when we get to meditate on all that our Lord and Saviour Jesus Christ has done for us to attain eternal life - from His incarnation to His resurrection. Though it seems like this is a period of increasing darkness that threatens to consume all things, we are still under the dispensation of grace. If we truly understand what that means, the children of God have it best now. With a feeling of despondency increasing all around, this statement might seem radical but it is true nevertheless. We aren't living in the shadows like the people under the law. We know the full picture. We know that our Lord rose on the third day victoriously having defeated death. This knowledge gives us the power to look at the ultimate evil squarely in the eye and deal with it. We get to celebrate during this period only because we know the full story. When we know that the result is victory, we can overcome all adversity.

The Lent began with an Ash Wednesday service on 14.02.2024 at our church. The church will continue to meet every Wednesday evening at 6:30 at the sanctuary till Resurrection Sunday to reflect on the topic 'Cross in the End Times.' May we use this time to gain a deeper understanding of our Saviour's heart for us.

Guest Speakers

Mrs. Meghala Rampert - Renewing the Mind - 11/02/2024 - 7:00 am, 9:00 am Services

Kirk Women's Fellowship Sunday

The women of St. Andrew's Kirk came together on 11th February to show the congregation how God has worked in and through their ministry. The women dressed in bright shades of pink and green, led the church in worship, shared a video presentation of the report and invited a guest speaker for the special day. The evening service sermon 'Wholesome Renewal' was brought by our very own Mrs. Roselin Johnson.

Success 2024

Success, a special prayer meet for students who are appearing for exams, was held on 10th February, 10 am onwards. It was a time of praise and worship, sharing from the Word, prayer, video presentations and giving practical exam tips. Students came with their parents and friends and were blessed.

Kirk Youth Fellowship

Catalyst was held on the 28th of January at 9pm at the SACCE hall. It was a time of word, worship, and fellowship. The word was brought by Ms. Maria Ninan.

Kirk Women's Fellowship

Women's Monthly Meet took place on 18.02.2024 after the church service at the SACCE hall to discuss on the topic, 'Victory Over Stress.'

Kirk Men's Fellowship

The Kirk Men's Fellowship met on 18th February after the church service at the DCC to delve into the topic, 'Victorious Living: What Does It Take?' with Mr. David Appasamy.

Friendship Club

The revered young-at-heart members of the Friendship Club met on Thursday, 08.02.2024, 3:00 pm at SACCE Hall for a time of spiritual growth and fellowship.

Kirk's Medical, Gospel and Counselling Outreach Program

The Kirk's Medical, Gospel and Counselling Outreach Program took place on 18.02.2024 from 11:30 am to 3:00 pm.

Angela Susan Bryner

My times are in thy hand;
O God, I wish them there;
My life, my friends, my soul
I leave entirely to thy care.

- William F. Lloyd





53 : 03

March 2024

